

## A Diet of Hope

*Taste and see that the Lord is good. Oh, the joys of those who take refuge in him.* Psalm 34:8 NLT Psalm 34:8 NLT. A Diet of Hope looks at how we spiritually nourish ourselves. In the hustle and bustle of daily life. We can fall into the pattern of just making it through each day while we are spiritually starving ourselves.

Over the weekend we will take a look at what is on our plates and how we can find ways to stay spiritually nourished while still accomplishing our daily responsibilities.



### Speaker:

### Kim Chaffin

Kim is a wife of twenty-eight years, a mother of two and an EWU graduate. She loves to share her love for the Lord at women's events and she is the author of *Simply Blessed* a newly released 31-day devotional. *Simply blessed* contains thirty-one heartfelt devotional stories for the woman seeking to know God for who He is: a loving God who longs to have a relationship with her. Kim focuses on the foundation of a woman's faith; tackling issues she faces on a daily basis and providing joyful and practical lessons for a woman's heart. She is also a contributor for *Living Better 50* magazine and the *Whatever Girls Ministry*.

***Open your mouth and taste, open your eyes and see how good God is. Blessed are those who run to him. Worship God if you want the best: Worship the opens door to all His goodness.***

### Psalm 34:8 MSG

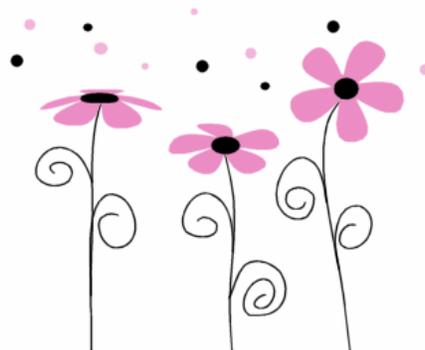
To taste and see means to try for your self and find out. God is like an all you can eat buffet. We step up to the buffet, to a whole assortment of food with an empty plate and fill it with anything we want. We can approach God in the same way and fill our souls with a never-ending supply of exactly what we need. Throughout the weekend we will be reminded to ***taste and see*** all that God has for us.

### Retreat Director:

### Traci Mertens

*Join us for a life-changing weekend as we encounter God's transforming love and His powerful grace to help us change.*

Bring your Bible and a talent to Share!



## Retreat Schedule

### FRIDAY

- 5:00 – Registration
- 6:30 – Dinner
- 7:30 – Music Worship & Session I
- 9:00 – Refreshments and Fellowship

### SATURDAY

- 7:30 – Early Morning Devotional (optional)
- 8:00 – Breakfast
- 9:00-10:15 - Music Worship & Session 2
- 10:15-10:30 – Break
- 10:30-11:30 – Activity
- 11:30 – Break
- 12:00 – Lunch
- 1:00 – 4:00 – Free Time
- 4:00 – 5:00 – Optional Activity
- 5:00 – Dinner
- 6:00 – Music Worship & Session 4
- 8:00 – Snacks & **Talent Show**

### SUNDAY

- 8:00 – Breakfast
- 9:00 – Music Worship & Session 5
- 11:00 – Head home **RESTED & REFRESHED!**



To register for the Women's Retreat, go to [www.rosspoint.org](http://www.rosspoint.org) for the online registration. Click on **REGISTER HERE**. If you have an account, enter your username and password. If you do not have an account yet, create a new account and complete your registration. Please contact the office at 208-773-1655 for assistance.

**Childcare will not be available, however, nursing moms are welcome!**

### Pastors Wives Attend FREE

We feel that it is important for the women of the churches to spend time with their pastor's wife, so we are making this offer: All Pastor's wives who come with at least one lady from their church, can come to the retreat FREE. So, why not invite your pastor's wife to come along?

### Early Registration Saves \$10.00

If your registration is received by April 6th, 2018 you receive \$10.00 off your retreat fee!

### The Fine Print

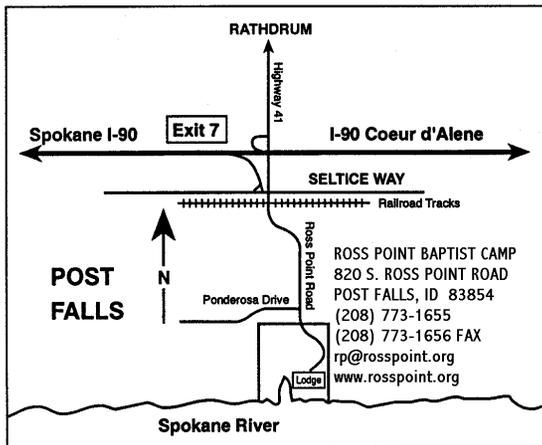
The cost for this wonderful weekend includes your lodging, meals, and program. Register online along with your \$25 deposit to reserve a place at the 2018 Women's Retreat. We are able to offer you two options for lodging. Riverside, Shoreline, Edgewater and Thailand are our motel style housing facility. They offers top-quality beds (2-3 per room) with linens and towel service and a private bath. The total fee for Riverside Lodge is:

Single occupancy \$172 \_\_\_\_\_  
Double/triple occupancy \$129 \_\_\_\_\_

**OR**

You may bring your own bedding and towels and stay in our dormitory-style cabins. These heated cabins have a full bathroom and shower. The fee for the Cabin lodging is:

Cabin \$96 \_\_\_\_\_



**Women's Retreat 2018**  
**Ross Point Baptist Camp**  
820 S Ross Point Road  
Post Falls, Idaho 83854  
Phone: 208-773-1655  
Fax: 208-773-1656  
rp@rosspoint.org

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*Ross Point's Annual  
Women's Retreat  
April 20-22, 2018*